Chapter 3

Social Institutions
Continuity and Change
Having studied the structure and dynamics of the population of India in Chapter 2, we turn now to the study of social institutions. A population is not just a collection of separate, unrelated individuals, it is a society made up of distinct but interlinked classes and communities of various kinds. These communities are sustained and regulated by social institutions and social relationships. In this chapter we will be looking at three institutions that are central to Indian society, namely caste, tribe and family.

3.1 CASTE AND THE CASTE SYSTEM

Like any Indian, you already know that ‘caste’ is the name of an ancient social institution that has been part of Indian history and culture for thousands of years. But like any Indian living in the twenty-first century, you also know that something called ‘caste’ is definitely a part of Indian society today. To what extent are these two ‘castes’ – the one that is supposed to be part of India’s past, and the one that is part of its present – the same thing? This is the question that we will try to answer in this section.

CASTE IN THE PAST

Caste is an institution uniquely associated with the Indian sub-continent. While social arrangements producing similar effects have existed in other parts of the world, the exact form has not been found elsewhere. Although it is an institution characteristic of Hindu society, caste has spread to the major non-Hindu communities of the Indian sub-continent. This is specially true of Muslims, Christians and Sikhs.

As is well-known, the English word ‘caste’ is actually a borrowing from the Portuguese casta, meaning pure breed. The word refers to a broad institutional arrangement that in Indian languages (beginning with the ancient Sanskrit) is referred to by two distinct terms, varna and jati. Varna, literally ‘colour’, is the name given to a four-fold division of society into brahmana, kshatriya, vaishya and shudra, though this excludes a significant section of the population composed of the ‘outcastes’, foreigners, slaves, conquered peoples and others, sometimes referred to as the panchamas or fifth category. Jati is a generic term referring to species or kinds of anything, ranging from inanimate objects to plants, animals and human beings. Jati is the word most commonly used to refer to the institution of caste in Indian languages, though it is interesting to note that, increasingly, Indian language speakers are beginning to use the English word ‘caste’.

The precise relationship between varna and jati has been the subject of much speculation and debate among scholars. The most common interpretation is to treat varna as a broad all-India aggregative classification, while jati is taken to be a regional or local sub-classification involving a much more complex system consisting of hundreds or even thousands of castes and sub-castes.
This means that while the four varna classification is common to all of India, the jati hierarchy has more local classifications that vary from region to region.

Opinions also differ on the exact age of the caste system. It is generally agreed, though, that the four varna classification is roughly three thousand years old. However, the ‘caste system’ stood for different things in different time periods, so that it is misleading to think of the same system continuing for three thousand years. In its earliest phase, in the late Vedic period roughly between 900 — 500 BC, the caste system was really a varna system and consisted of only four major divisions. These divisions were not very elaborate or very rigid, and they were not determined by birth. Movement across the categories seems to have been not only possible but quite common. It is only in the post-Vedic period that caste became the rigid institution that is familiar to us from well known definitions.

The most commonly cited defining features of caste are the following:

1. Caste is determined by birth – a child is “born into” the caste of its parents. Caste is never a matter of choice. One can never change one’s caste, leave it, or choose not to join it, although there are instances where a person may be expelled from their caste.

2. Membership in a caste involves strict rules about marriage. Caste groups are “endogamous”, i.e. marriage is restricted to members of the group.

3. Caste membership also involves rules about food and food-sharing. What kinds of food may or may not be eaten is prescribed and who one may share food with is also specified.

4. Caste involves a system consisting of many castes arranged in a hierarchy of rank and status. In theory, every person has a caste, and every caste has a specified place in the hierarchy of all castes. While the hierarchical position of many castes, particularly in the middle ranks, may vary from region to region, there is always a hierarchy.

5. Castes also involve sub-divisions within themselves, i.e., castes almost always have sub-castes and sometimes sub-castes may also have sub-sub-castes. This is referred to as a segmental organisation.

6. Castes were traditionally linked to occupations. A person born into a caste could only practice the occupation associated with that caste, so that occupations were hereditary, i.e. passed on from generation to
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44 generation. On the other hand, a particular occupation could only be pursued by the caste associated with it – members of other castes could not enter the occupation.

These features are the prescribed rules found in ancient scriptural texts. Since these prescriptions were not always practiced, we cannot say to what extent these rules actually determined the empirical reality of caste – its concrete meaning for the people living at that time. As you can see, most of the prescriptions involved prohibitions or restrictions of various sorts. It is also clear from the historical evidence that caste was a very unequal institution – some castes benefitted greatly from the system, while others were condemned to a life of endless labour and subordination. Most important, once caste became rigidly determined by birth, it was in principle impossible for a person to ever change their life circumstances. Whether they deserved it or not, an upper caste person would always have high status, while a lower caste person would always be of low status.

Theoretically, the caste system can be understood as the combination of two sets of principles, one based on difference and separation and the other on wholism and hierarchy. Each caste is supposed to be different from – and is therefore strictly separated from – every other caste. Many of the scriptural rules of caste are thus designed to prevent the mixing of castes – rules ranging from marriage, food sharing and social interaction to occupation. On the other hand, these different and separated castes do not have an individual existence – they can only exist in relation to a larger whole, the totality of society consisting of all castes. Further, this societal whole or system is a hierarchical rather than egalitarian system. Each individual caste occupies not just a distinct place, but also an ordered rank – a particular position in a ladder-like arrangement going from highest to lowest.

The hierarchical ordering of castes is based on the distinction between ‘purity’ and ‘pollution’. This is a division between something believed to be closer to the sacred (thus connoting ritual purity), and something believed to be distant from or opposed to the sacred, therefore considered ritually polluting. Castes that are considered ritually pure have high status, while those considered less pure or impure have low status. As in all societies, material power (i.e., economic or military power) is closely associated with social status, so that those in power tend to be of high status, and vice versa. Historians believe that those who were defeated in wars were often assigned low caste status.

Finally, castes are not only unequal to each other in ritual terms, they are also supposed to be complementary and non-competing groups. In other words,

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**Jotirao Govindrao Phule (1827-1890)**

Jotirao Govindrao Phule denounced the injustice of the caste system and scorned its rules of purity and pollution. In 1873 he founded the Satyashodhak Samaj (Truth Seekers Society), which was devoted to securing human rights and social justice for low-caste people.
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each caste has its own place in the system which cannot be taken by any other caste. Since caste is also linked with occupation, the system functions as the social division of labour, except that, in principle, it allows no mobility.

Not surprisingly, our sources of knowledge about the past and specially the ancient past are inadequate. It is difficult to be very certain about what things were like at that time, or the reasons why some institutions and practices came to be established. But even if we knew all this, it still cannot tell us about what should be done today. Just because something happened in the past or is part of our tradition, it is not necessarily right or wrong forever. Every age has to think afresh about such questions and come to its own collective decision about its social institutions.

COLONIALISM AND CASTE

Compared to the ancient past, we know a lot more about caste in our recent history. If modern history is taken to begin with the nineteenth century, then Indian Independence in 1947 offers a natural dividing line between the colonial period (roughly 150 years from around 1800 to 1947) and the post-Independence or post-colonial period (the six decades from 1947 to the present day). The present form of caste as a social institution has been shaped very strongly by both the colonial period as well as the rapid changes that have come about in independent India.

Scholars have agreed that all major social institutions and specially the institution of caste underwent major changes during the colonial period. In fact, some scholars argue that what we know today as caste is more a product of colonialism than of ancient Indian tradition. Not all of the changes brought about were intended or deliberate. Initially, the British administrators began by trying to understand the complexities of caste in an effort to learn how to govern the country efficiently. Some of these efforts took the shape of very methodical and intensive surveys and reports on the ‘customs and manners’ of various tribes and castes all over the country. Many British administrative officials were also amateur ethnologists and took great interest in pursuing such surveys and studies.

But by far the most important official effort to collect information on caste was through the census. First begun in the 1860s, the census became a regular ten-yearly exercise conducted by the British Indian government from 1881 onwards. The 1901 Census under the direction of Herbert Risley was particularly important as it sought to collect information on the social hierarchy of caste – i.e., the social order of precedence in particular regions, as to the position of

Savitri Bai Phule was the first headmistress of the country’s first school for girls in Pune. She devoted her life to educating Shudras and Ati-Shudras. She started a night school for agriculturists and labourers. She died while serving plague patients.

Savitri Bai Phule (1831-1897)
each caste in the rank order. This effort had a huge impact on social perceptions of caste and hundreds of petitions were addressed to the Census Commissioner by representatives of different castes claiming a higher position in the social scale and offering historical and scriptural evidence for their claims. Overall, scholars feel that this kind of direct attempt to count caste and to officially record caste status changed the institution itself. Before this kind of intervention, caste identities had been much more fluid and less rigid; once they began to be counted and recorded, caste began to take on a new life.

Other interventions by the colonial state also had an impact on the institution. The land revenue settlements and related arrangements and laws served to give legal recognition to the customary (caste-based) rights of the upper castes. These castes now became land owners in the modern sense rather than feudal classes with claims on the produce of the land, or claims to revenue or tribute of various kinds. Large scale irrigation schemes like the ones in the Punjab were accompanied by efforts to settle populations there, and these also had a caste dimension. At the other end of the scale, towards the end of the colonial period, the administration also took an interest in the welfare of downtrodden castes, referred to as the ‘depressed classes’ at that time. It was as part of these efforts that the Government of India Act of 1935 was passed which gave legal recognition to the lists or ‘schedules’ of castes and tribes marked out for special treatment by the state. This is how the terms ‘Scheduled Tribes’ and the ‘Scheduled Castes’ came into being. Castes at the bottom of the hierarchy that suffered severe discrimination, including all the so-called ‘untouchable’ castes, were included among the Scheduled Castes. (You will read more on untouchability and the struggles against it in Chapter 5 on social exclusion.)

Thus colonialism brought about major changes in the institution of caste. Perhaps it would be more accurate to say that the institution of caste underwent fundamental changes during the colonial period. Not just India, but the whole world was undergoing rapid change during this period due to the spread of capitalism and modernity.

Caste in the Present

Indian Independence in 1947 marked a big, but ultimately only partial break with the colonial past. Caste considerations had inevitably played a role in the mass mobilisations of the nationalist movement. Efforts to organise the
“depressed classes” and particularly the untouchable castes predated the nationalist movement, having begun in the second half of the nineteenth century. This was an initiative taken from both ends of the caste spectrum – by upper caste progressive reformers as well as by members of the lower castes such as Mahatma Jotiba Phule and Babasaheb Ambedkar in western India, Ayyankali, Sri Narayana Guru, Iyotheedass and Periyar (E.V. Ramaswamy Naickar) in the South. Both Mahatma Gandhi and Babasaheb Ambedkar began organising protests against untouchability from the 1920s onwards. Anti-untouchability programmes became a significant part of the Congress agenda so that, by the time Independence was on the horizon, there was a broad agreement across the spectrum of the nationalist movement to abolish caste distinctions. The dominant view in the nationalist movement was to treat caste as a social evil and as a colonial ploy to divide Indians. But the nationalist leaders, above all, Mahatma Gandhi, were able to simultaneously work for the upliftment of the lower castes, advocate the abolition of untouchability and other caste restrictions, and, at the same time, reassure the landowning upper castes that their interests, too, would be looked after.

The post-Independence Indian state inherited and reflected these contradictions. On the one hand, the state was committed to the abolition of caste and explicitly wrote this into the Constitution. On the other hand, the state was both unable and unwilling to push through radical reforms which would have undermined the economic basis for caste inequality. At yet another level, the state assumed that if it operated in a caste-blind manner, this would automatically lead to the undermining of caste based privileges and the eventual abolition of the institution. For example, appointments to government jobs took no account of caste, thus leaving the well-educated upper castes and the ill-educated or often illiterate lower castes to compete on “equal” terms. The only exception to this was in the form of reservations for the Scheduled Castes and Scheduled Tribes. In other words, in the decades immediately after Independence, the state did not make sufficient effort to deal with the fact that the upper castes and the lower castes were far from equal in economic and educational terms.

The development activity of the state and the growth of private industry also affected caste indirectly through the speeding up and intensification of economic change. Modern industry created all kinds of new jobs for which there were no caste rules. Urbanisation and the conditions of collective living in the cities made it difficult for the caste-segregated patterns of social interaction to survive. At a different level, modern educated Indians attracted to the liberal
ideas of individualism and meritocracy, began to abandon the more extreme caste practices. On the other hand, it was remarkable how resilient caste proved to be. Recruitment to industrial jobs, whether in the textile mills of Mumbai (then Bombay), the jute mills of Kolkata (then Calcutta), or elsewhere, continued to be organised along caste and kinship-based lines. The middle men who recruited labour for factories tended to recruit them from their own caste and region so that particular departments or shop floors were often dominated by specific castes. Prejudice against the untouchables remained quite strong and was not absent from the city, though not as extreme as it could be in the village.

Not surprisingly, it was in the cultural and domestic spheres that caste has proved strongest. Endogamy, or the practice of marrying within the caste, remained largely unaffected by modernisation and change. Even today, most marriages take place within caste boundaries, although there are more intercaste marriages. While some boundaries may have become more flexible or porous, the borders between groups of castes of similar socio-economic status are still heavily patrolled. For example, inter-caste marriages within the upper castes (e.g., brahmin, bania, rajput) may be more likely now than before; but marriages between an upper caste and backward or scheduled caste person remain rare even today. Something similar may have occurred with regard to rules of food sharing.

Perhaps, the most eventful and important sphere of change has been that of politics. From its very beginnings in independent India, democratic politics has been deeply conditioned by caste. While its functioning has become more and more complex and hard to predict, it cannot be denied that caste remains central to electoral politics. Since the 1980s we have also seen the emergence of explicitly caste-based political parties. In the early general elections, it seemed as though caste solidarities were decisive in winning elections. But the situation soon got very complicated as parties competed with each other in utilising the same kind of caste calculus.

Sociologists and social anthropologists coined many new concepts to try and understand these processes of change. Perhaps the most common of these are ‘sanskritisation’ and ‘dominant caste’, both contributed by M.N. Srinivas, but discussed extensively and criticised by other scholars.

‘Sanskritisation’ refers to a process whereby members of a (usually middle or lower) caste attempt to raise their own social status by adopting the ritual, domestic and social practices of a caste (or castes) of higher status. Although this phenomenon is an old one and predates Independence and perhaps even the colonial period, it has intensified in recent times. The patterns for emulation chosen most often were the brahmin or kshatriya castes; practices included adopting vegetarianism, wearing of sacred thread, performance of specific prayers and religious ceremonies, and so on. Sanskritisation usually accompanies or follows a rise in the economic status of the caste attempting it, though it may also occur independently. Subsequent research has led to many modifications and revisions being suggested for this concept. These include the argument that sanskritisation may be a defiant claiming of previously
prohibited ritual/social privileges (such as the wearing of the sacred thread, which used to invite severe punishment) rather than a flattering imitation of the ‘upper’ castes by the ‘lower’ castes.

‘Dominant caste’ is a term used to refer to those castes which had a large population and were granted landrights by the partial land reforms effected after Independence. The land reforms took away rights from the erstwhile claimants, the upper castes who were ‘absentee landlords’ in the sense that they played no part in the agricultural economy other than claiming their rent. They frequently did not live in the village either, but were based in towns and cities. These land rights now came to be vested in the next layer of claimants, those who were involved in the management of agriculture but were not themselves the cultivators. These intermediate castes in turn depended on the labour of the lower castes including specially the ‘untouchable’ castes for tilling and tending the land. However, once they got land rights, they acquired considerable economic power. Their large numbers also gave them political power in the era of electoral democracy based on universal adult franchise. Thus, these intermediate castes became the ‘dominant’ castes in the country side and played a decisive role in regional politics and the agrarian economy. Examples of such dominant castes include the Yadavs of Bihar and Uttar Pradesh, the Vokkaligas of Karnataka, the Reddys and Khammas of Andhra Pradesh, the Marathas of Maharashtra, the Jats of Punjab, Haryana and Western Uttar Pradesh and the Patidars of Gujarat.

One of the most significant yet paradoxical changes in the caste system in the contemporary period is that it has tended to become ‘invisible’ for the upper caste, urban middle and upper classes. For these groups, who have benefited the most from the developmental policies of the post-colonial era, caste has appeared to decline in significance precisely because it has done its job so well. Their caste status had been crucial in ensuring that these groups had the necessary economic and educational resources to take full advantage of the opportunities offered by rapid development. In particular, the upper caste elite were able to benefit from subsidised public education, specially professional education in science, technology, medicine and management. At the same time, they were also able to take advantage of the expansion of state sector jobs in the early decades after Independence. In this initial period, their lead over the rest of society (in terms of education) ensured that they did not face any serious competition. As their privileged status got consolidated in the second and third generations, these groups began to believe that their advancement

M. N. Srinivas (1916-1999)

Mysore Narasimhachar Srinivas was one of India’s foremost sociologists and social anthropologists. He was known for his works on the caste system and terms such as ‘sanskritisation’ and ‘dominant caste’. His book The Remembered Village is one of the best known village studies in Social Anthropology.
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had little to do with caste. Certainly for the third generations from these groups their economic and educational capital alone is quite sufficient to ensure that they will continue to get the best in terms of life chances. For this group, it now seems that caste plays no part in their public lives, being limited to the personal sphere of religious practice or marriage and kinship. However, a further complication is introduced by the fact that this is a differentiated group. Although the privileged as a group are overwhelmingly upper caste, not all upper caste people are privileged, some being poor.

For the so called scheduled castes and tribes and the backward castes – the opposite has happened. For them, caste has become all too visible, indeed their caste has tended to eclipse the other dimensions of their identities. Because they have no inherited educational and social capital, and because they must compete with an already entrenched upper caste group, they cannot afford to abandon their caste identity for it is one of the few collective assets they have. Moreover, they continue to suffer from discrimination of various kinds. The policies of reservation and other forms of protective discrimination instituted by the state in response to political pressure serve as their lifelines. But using this lifeline tends to make their caste the all-important and often the only aspect of their identity that the world recognises.

The juxtaposition of these two groups – a seemingly caste-less upper caste group and an apparently caste-defined lower caste group – is one of the central aspects of the institution of caste in the present.

3.2 Tribal Communities

‘Tribe’ is a modern term for communities that are very old, being among the oldest inhabitants of the sub-continent. Tribes in India have generally been defined in terms of what they were not. Tribes were communities that did not practice a religion with a written text; did not have a state or political form of the normal kind; did not have sharp class divisions; and, most important, they did not have caste and were neither Hindus nor peasants. The term was introduced in the colonial era. The use of a single term for a very disparate set of communities was more a matter of administrative convenience.

Classifications of Tribal Societies

In terms of positive characteristics, tribes have been classified according to their ‘permanent’ and ‘acquired’ traits. Permanent traits include region, language, physical characteristics and ecological habitat.

Permanent Traits

The tribal population of India is widely dispersed, but there are also concentrations in certain regions. About 85% of the tribal population lives in
‘middle India’, a wide band stretching from Gujarat and Rajasthan in the west to West Bengal and Odisha in the east, with Madhya Pradesh, Jharkhand, Chattisgarh and parts of Maharashtra and Andhra Pradesh forming the heart of this region. Of the remaining 15%, over 11% is in the North Eastern states, leaving only a little over 3% living in the rest of India. If we look at the share of tribals in the state population, then the North Eastern states have the highest concentrations, with all states, except Assam, having concentrations of more than 30%, and some, like Arunachal Pradesh, Meghalaya, Mizoram and Nagaland with more than 60% and upto 95% of tribal population. In the rest of the country, however, the tribal population is very small, being less than 12% in all states except Odisha and Madhya Pradesh. The ecological habitats covered includes hills, forests, rural plains and urban industrial areas.

In terms of language, tribes are categorised into four categories. Two of them, Indo-Aryan and Dravidian, are shared by the rest of the Indian population as well, and tribes account for only about 1% of the former and about 3% of the latter. The other two language groups, the Austric and Tibeto-Burman, are primarily spoken by tribals, who account for all of the first and over 80% of the second group. In physical-racial terms, tribes are classified under the Negrito, Australoid, Mongoloid, Dravidian and Aryan categories. The last two are again shared with the rest of the population of India.

In terms of size, tribes vary a great deal, ranging from about seven million to some Andamanese islanders who may number less than a hundred persons. The biggest tribes are the Gonds, Bhils, Santhals, Oraons, Minas, Bodos and Mundas, all of whom are at least a million strong. The total population of tribes amounts to about 8.2% of the population of India, or about 84 million persons according to the 2001 Census. According to Census Report 2011, it is 8.6% of the population of India, or about 104 million tribal persons in the country.

**Acquired Traits**

Classifications based on acquired traits use two main criteria – mode of livelihood, and extent of incorporation into Hindu society – or a combination of the two.

On the basis of livelihood, tribes can be categorised into fishermen, food gatherers and hunters, shifting cultivators, peasants and plantation and industrial workers. However, the dominant classification both in academic sociology as well as in politics and public affairs is the degree of assimilation into Hindu society. Assimilation can be seen either from the point of view of the tribes, or (as has been most often the case) from the point of view of the dominant Hindu mainstream. From the tribes’ point of view, apart from the extent of assimilation, attitude towards Hindu society is also a major criterion, with differentiation between tribes that are positively inclined towards Hinduism and those who resist or oppose it. From the mainstream point of view, tribes may be viewed in terms of the status accorded to them in Hindu society, ranging from the high status given to some, to the generally low status accorded to most.
During the 1960s scholars debated whether tribes should be seen as one end of a continuum with caste-based (Hindu) peasant society, or whether they were an altogether different kind of community. Those who argued for the continuum saw tribes as not being fundamentally different from caste-peasant society, but merely less stratified (fewer levels of hierarchy) and with a more community-based rather than individual notion of resource ownership. However, opponents argued that tribes were wholly different from castes because they had no notion of purity and pollution which is central to the caste system.

In short, the argument for a tribe-caste distinction was founded on an assumed cultural difference between Hindu castes, with their beliefs in purity and pollution and hierarchical integration, and ‘animist’ tribals with their more egalitarian and kinship based modes of social organisation.

By the 1970s all the major definitions of tribe were shown to be faulty. It was pointed out that the tribe-peasantry distinction did not hold in terms of any of the commonly advanced criteria: size, isolation, religion, and means of livelihood. Some Indian “tribes” like Santhal, Gonds, and Bhils are very large and spread over extensive territory. Certain tribes like Munda, Hos and others have long since turned to settled agriculture, and even hunting gathering tribes, like the Birhors of Bihar employ specialised households to make baskets, press oil etc. It has also been pointed out in a number of cases, that in the absence of other alternatives, “castes” (or non-tribals) have turned to hunting and gathering.

The discussion on caste-tribe differences was accompanied by a large body of literature on the mechanisms through which tribes were absorbed into Hindu society, throughout the ages – through Sanskritisation, acceptance into the Shudra fold following conquest by caste Hindus, through acculturation and so on. The whole span of Indian history is often seen as an absorption of different tribal groups into caste Hindu society at varying levels of the hierarchy, as their lands were colonised and the forests cut down. This is seen as either natural, parallel to the process by which all groups are assimilated into Hinduism as sects; or it is seen as exploitative. The early school of anthropologists tended to emphasise the cultural aspects of tribal absorption.
into the mainstream, while the later writers have concentrated on the exploitative and political nature of the incorporation.

Some scholars have also argued that there is no coherent basis for treating tribes as “pristine” – i.e., original or pure – societies uncontaminated by civilisation. They propose instead that tribes should really be seen as “secondary” phenomena arising out of the exploitative and colonialist contact between pre-existing states and non-state groups like the tribals. This contact itself creates an ideology of “tribalism” – the tribal groups begin to define themselves as tribals in order to distinguish themselves from the newly encountered others.

Nevertheless, the idea that tribes are like stone age hunting and gathering societies that have remained untouched by time is still common, even though this has not been true for a long time. To begin with, adivasis were not always the oppressed groups they are now – there were several Gond kingdoms in Central India such as that of Garha Mandla, or Chanda. Many of the so-called Rajput kingdoms of central and western India actually emerged through a process of stratification among adivasi communities themselves. adivasis often exercised dominance over the plains people through their capacity to raid them, and through their services as local militias. They also occupied a special trade niche, trading forest produce, salt and elephants. Moreover, the capitalist economy’s drive to exploit forest resources and minerals and to recruit cheap labour has brought tribal societies in contact with mainstream society a long time ago.

**Mainstream Attitudes Towards Tribes**

Although the early anthropological work of the colonial era had described tribes as isolated cohesive communities, colonialism had already brought irrevocable changes in their world. On the political and economic front, tribal societies were faced with the incursion of money lenders. They were also losing their land to non-tribal immigrant settlers, and their access to forests because of the government policy of reservation of forests and the introduction of mining operations. Unlike other areas, where land rent was the primary source of surplus extraction, in these hilly and forested areas, it was mostly appropriation of natural resources – forests and minerals – which was the main source of income for the colonial government. Following the various rebellions in tribal areas in the eighteenth and nineteenth centuries, the colonial government set up ‘excluded’ and ‘partially excluded’ areas, where the entry of non-tribals was prohibited or regulated. In these areas, the British favoured indirect rule through local kings or headmen.

The famous isolation versus integration debate of the 1940s built upon this standard picture of tribal societies as isolated wholes. The isolationist side argued that tribals needed protection from traders, moneylenders and Hindu and Christian missionaries, all of whom were intent on reducing tribals to detribalised landless labour. The integrationists, on the other hand, argued that tribals were merely backward Hindus, and their problems had to be
addressed within the same framework as that of other backward classes. This opposition dominated the Constituent Assembly debates, which were finally settled along the lines of a compromise which advocated welfare schemes that would enable controlled integration. The subsequent schemes for tribal development – five year plans, tribal sub-plans, tribal welfare blocks, special multipurpose area schemes all continue with this mode of thinking. But the basic issue here is that the integration of tribes has neglected their own needs or desires; integration has been on the terms of the mainstream society and for its own benefit. The tribal societies have had their lands, forests taken away and their communities shattered in the name of development.

National Development versus Tribal Development

The imperatives of ‘development’ have governed attitudes towards tribes and shaped the policies of the state. National development, particularly in the Nehruvian era, involved the building of large dams, factories and mines. Because the tribal areas were located in mineral rich and forest covered parts of the country, tribals have paid a disproportionate price for the development of the rest of Indian society. This kind of development has benefited the mainstream at the expense of the tribes. The process of dispossessing tribals of their land has occurred as a necessary byproduct of the exploitation of minerals and the utilisation of favourable sites for setting up hydroelectric power plants, many of which were in tribal areas.

The loss of the forests on which most tribal communities depended has been a major blow. Forests started to be systematically exploited in British times and the trend continued after Independence. The coming of private property in land has also adversely affected tribals, whose community-based forms of collective ownership were placed at a disadvantage in the new system. The most recent such example is the series of dams being built on the Narmada, where most of the costs and benefits seem to flow disproportionately to different communities and regions.

Many tribal concentration regions and states have also been experiencing the problem of heavy in-migration of non-tribals in response to the pressures of development. This threatens to disrupt and overwhelm tribal communities and cultures, besides accelerating the process of exploitation of tribals. The industrial areas of Jharkhand for example have suffered a dilution of the tribal share of population. But the most dramatic cases are probably in the North-East. A state like Tripura had the tribal share of its population halved within a single decade, reducing them to a minority. Similar pressure is being felt by Arunachal Pradesh.

Tribal Identity Today

Forced incorporation of tribal communities into mainstream processes has had its impact on tribal culture and society as much as its economy. Tribal identities
today are formed by this interactional process rather than any primordial (original, ancient) characteristics peculiar to tribes. Because the interaction with the mainstream has generally been on terms unfavourable to the tribal communities, many tribal identities today are centred on ideas of resistance and opposition to the overwhelming force of the non-tribal world.

The positive impact of successes – such as the achievement of statehood for Jharkhand and Chattisgarh after a long struggle – is moderated by continuing problems. Many of the states of the North-East, for example, have been living for decades under special laws that limit the civil liberties of citizens. Thus, citizens of states like Manipur or Nagaland don’t have the same rights as other citizens of India because their states have been declared as ‘disturbed areas’. The vicious circle of armed rebellions provoking state repression which in turn fuels further rebellions has taken a heavy toll on the economy, culture and society of the North-eastern states. In another part of the country, Jharkhand and Chattisgarh are yet to make full use of their newly-found statehood, and the political system there is still not autonomous of larger structures in which tribals are powerless.

Another significant development is the gradual emergence of an educated middle class among tribal communities. Most visible in the North-eastern states, this is now a segment beginning to be seen in the rest of the country as well, particularly among members of the larger tribal communities. In conjunction with policies of reservation (about which you will learn more in Chapter 5), education is creating an urbanised professional class. As tribal societies get more differentiated – i.e., develop class and other divisions within themselves – different bases are growing for the assertion of tribal identity.

Two broad sets of issues have been most important in giving rise to tribal movements. These are issues relating to control over vital economic resources like land and specially forests, and issues relating to matters of ethnic-cultural identity. The two can often go together, but with differentiation of tribal society they may also diverge. The reasons why the middle classes within tribal societies may assert their tribal identity may be different from the reasons why poor and uneducated tribals join tribal movements. As with any other community, it is the relationship between these kinds of internal dynamics and external forces that will shape the future.
3.3 FAMILY AND KINSHIP

Each one of us is born into a family, and most of us spend long years within it. Usually we feel very strongly about our family. Sometimes we feel very good about our parents, grandparents, siblings, uncles, aunts and cousins, whereas at others we don’t. On the one hand, we resent their interference, and yet we miss their overbearing ways when we are away from them. The family is a space of great warmth and care. It has also been a site of bitter conflicts, injustice and violence. Female infanticide, violent conflicts between brothers over property and ugly legal disputes are as much part of family and kinship as are stories of compassion, sacrifice and care.

The structure of the family can be studied both as a social institution in itself and also in its relationship to other social institutions of society. In itself a family can be defined as nuclear or extended. It can be male-headed or female-headed. The line of descent can be matrilineal or patrilineal. This internal structure of the family is usually related to other structures of society, namely political, economic, cultural etc. Thus the migration of men from the villages of the Himalayan region can lead to an unusual proportion of women-headed families in the village. Or the work schedules of young parents in the software industry in India may lead to increasing number of grandparents moving in as care-givers to young grandchildren. The composition of the family and its structure thereby changes. And these changes can be understood in relation to other changes in society. The family (the private sphere) is linked to the economic, political, cultural, and educational (the public) spheres.

The family is an integral part of our lives. We take it for granted. We also assume that other people’s families must be like our own. (This and other dimensions of the family have been discussed in Chapter 1, of your Class XI textbook, *Introducing Society*). As we saw however, families have different structures and these structures change. Sometimes these changes occur
accidentally, as when a war takes place or people migrate in search of work. Sometimes these changes are purposely brought about, as when young people decide to choose their spouses instead of letting elders decide. Or when same sex love is expressed openly in society.

It is evident from the kind of changes that take place that not only have family structures changed, but cultural ideas, norms and values also change. These changes are however not so easy to bring about. Both history and contemporary times suggest that often change in family and marriage norms are resisted violently. The family has many dimensions to it. In India however discussions on the family have often revolved around the nuclear and extended family.

**Nuclear and Extended Family**

A nuclear family consists of only one set of parents and their children. An extended family (commonly known as the 'joint family') can take different forms, but has more than one couple, and often more than two generations, living together. This could be a set of brothers with their individual families, or an elderly couple with their sons and grandsons and their respective families. The extended family often is seen as symptomatic of India. Yet this is by no means the dominant form now or earlier. It was confined to certain sections and certain regions of the community. Indeed the term 'joint family' itself is not a native category. As I.P. Desai observes, “The expression ‘joint family’ is not the translation of any Indian word like that. It is interesting to note that the words used for joint family in most of the Indian languages are the equivalents of translations of the English word ‘joint family’.” (Desai 1964:40)
The Diverse Forms of the Family

Studies have shown how diverse family forms are found in different societies. With regard to the rule of residence, some societies are matrilocal in their marriage and family customs while others are patrilocal. In the first case, the newly married couple stays with the woman’s parents, whereas in the second case the couple lives with the man’s parents. With regard to the rules of inheritance, matrilineal societies pass on property from mother to daughter while patrilineal societies do so from father to son. A patriarchal family structure exists where the men exercise authority and dominance, and matriarchy where the women play a similarly dominant role. However, matriarchy – unlike patriarchy – has been a theoretical rather than an empirical concept. There is no historical or anthropological evidence of matriarchy – i.e., societies where women exercise dominance. However, there do exist matrilineal societies, i.e., societies where women inherit property from their mothers but do not exercise control over it, nor are they the decision makers in public affairs.

The account of Khasi matriliney in Box 3.3 clarifies the distinction between matriliney and matriarchy. It shows the structural tensions created by matrilinear system which affect both men and women in Khasi society today. 

Khasi matrilineal family
The Meghalaya Succession Act (passed by an all-male Meghalaya legislative assembly) received the President’s assent in 1986. The Succession Act applies specifically to the Khasi and Jaintia tribes of Meghalaya and confers on “any Khasi and Jaintia of sound mind not being a minor, the right to dispose of his self-acquired property by will”. The practice of making out a will does not exist in Khasi custom. Khasi custom prescribes the devolution of ancestral property in the female line.

There is a feeling, specially among the educated Khasi, that their rules of kinship and inheritance are biased in favour of women and are too restrictive. The Succession Act is therefore seen as an attempt at removing such restrictions and at correcting the perceived female bias in the Khasi tradition. To assess whether the popular perception of female bias in the Khasi tradition is indeed valid, it is necessary to view the Khasi matrilineal system in the context of the prevalent gender relations and definitions of gender roles.

Several scholars have highlighted the inherent contradictions in matrilineal systems. One such contradiction arises from the separation of the line of descent and inheritance on the one hand and the structure of authority and control on the other. The former, which links the mother to the daughter, comes in conflict with the latter, which links the mother’s brother to the sister’s son. (In other words, a woman inherits property from her mother and passes it on to her daughter, while a man controls his sister’s property and passes on control to his sister’s son. Thus, inheritance passes from mother to daughter whereas control passes from (maternal) uncle to nephew.) Khasi matriline generates intense role conflict for men. They are torn between their responsibilities to their natal house on the one hand, and to their wife and children on the other. In a way, the strain generated by such role conflict affects Khasi women more intensely. A woman can never be fully assured that her husband does not find his sister’s house a more congenial place than her own. Similarly a sister will be apprehensive about her brother’s commitment to her welfare because the wife with whom he lives can always pull him away from his responsibilities to his natal house.

The women are more adversely affected than men by the role conflict generated in the Khasi matrilineal system not only because men wield power and women are deprived of it, but also because the system is more lenient to men when there is a transgression of rules. Women possess only token authority in Khasi society; it is men who are the defacto power holders. The system is indeed weighted in favour of male matri-kin rather than male patri-kin. (In other words, despite matriliney, men are the power holders in Khasi society; the only difference is that a man’s relatives on his mother’s side matter more than his relatives on his father’s side.)

(Source: Adapted from Tiplat Nongbri, ‘Gender and the Khasi Family Structure’ in Uberoi 1994.)
1. What is the role of the ideas of separation and hierarchy in the caste system?
2. What are some of the rules that the caste system imposes?
3. What changes did colonialism bring about in the caste system?
4. In what sense has caste become relatively ‘invisible’ for the urban upper castes?
5. How have tribes been classified in India?
6. What evidence would you offer against the view that ‘tribes are primitive communities living isolated lives untouched by civilisation’?
7. What are the factors behind the assertion of tribal identities today?
8. What are some of the different forms that the family can take?
9. In what ways can changes in social structure lead to changes in the family structure?
10. Explain the difference between matriliny and matriarchy.

REFERENCES