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Sports



Introduction

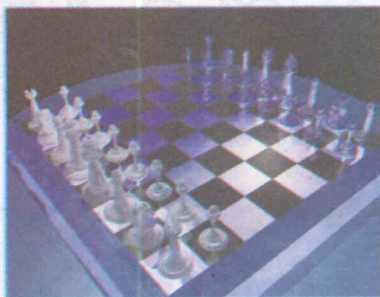
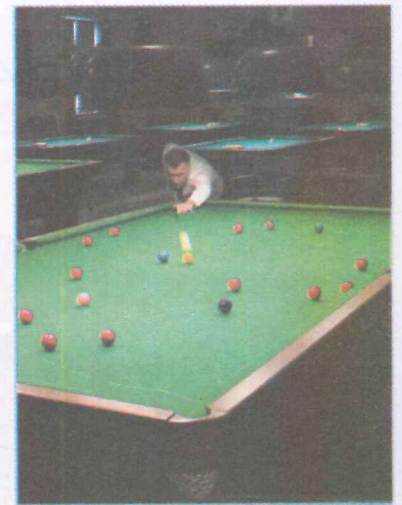
Read the given words and write the name of the sports with which they are associated. Take help from the Aid Box.

AID BOX

| | | | | | | |
|-----------|-----------|---------|-----------|-------|--------|----------|
| Athletics | Badminton | Cricket | Billiards | Chess | Boxing | Shooting |
|-----------|-----------|---------|-----------|-------|--------|----------|

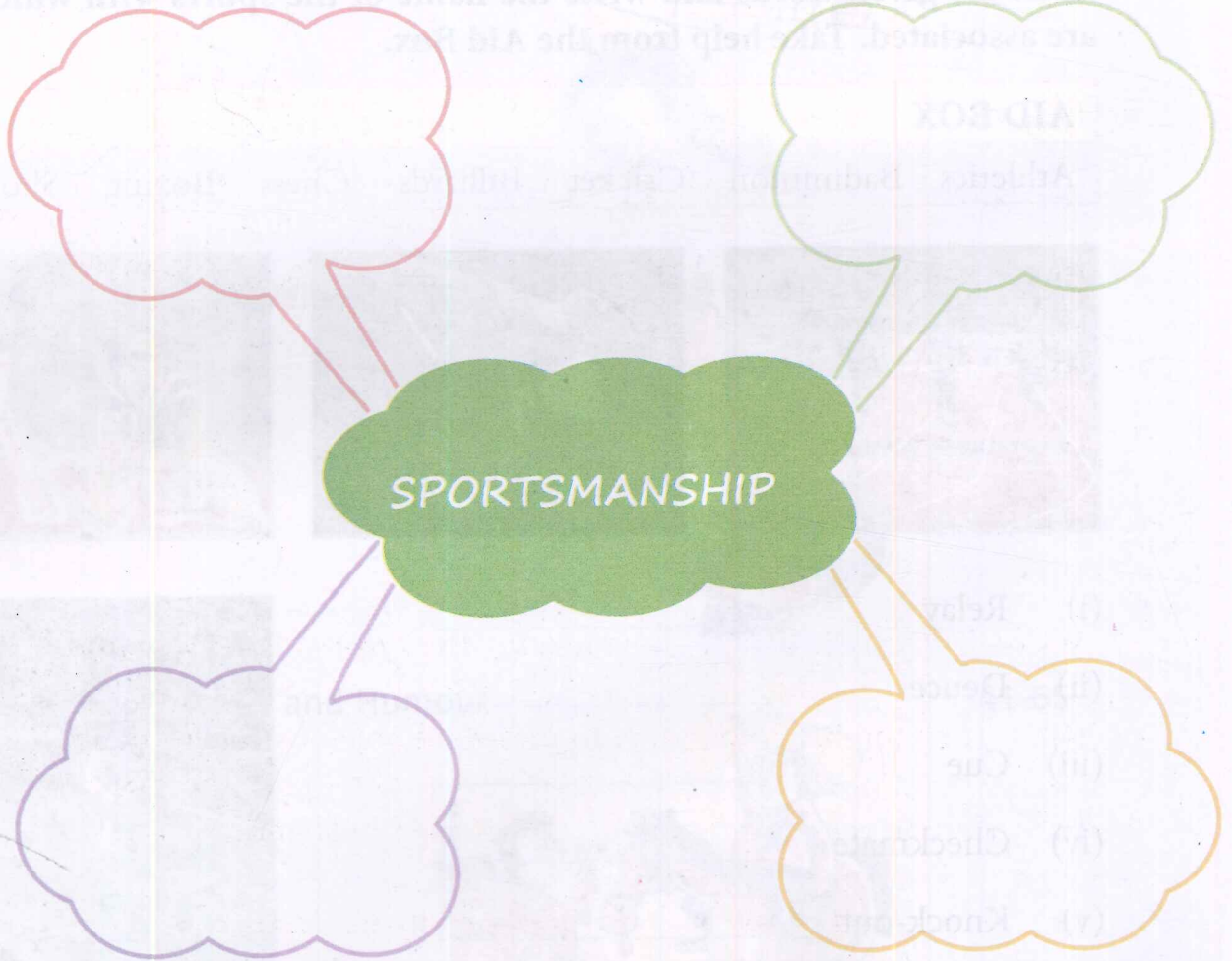


- (i) Relay _____
- (ii) Deuce _____
- (iii) Cue _____
- (iv) Checkmate _____
- (v) Knock-out _____
- (vi) Hat-trick _____
- (vii) Bull's eye _____





A.1. You are good in sports and wish to become a successful sports person. Discuss with your partner and write down the qualities you should develop to achieve your dream.



A.2. Have you ever felt jealous of your best friend? Share any one experience with your partner.



A.3. Now read the story.

▶ A True Friend

Rahul and Raj were best friends studying in Class-IV. Rahul was good at sports but poor in studies. Raj was good at both. They often had a cycling contest. Raj always managed to win. As a result, Rahul became jealous of Raj.

The sports day was near. Everyone was practising for it. Rahul and Raj were very good at athletics. Rahul was determined to win. But he was not sure whether he could score a win over Raj. Slowly, he started talking lesser and lesser with Raj. Raj asked him the reason many times but Rahul always put him off with one excuse or the other.

One day before the sports day, Rahul hit upon a plan to defeat Raj. He went to the ground before anyone had arrived there. He dug a small pit on the path where Raj was supposed to run, he covered it with leaves and went back to his classroom. When the race



started, Raj was ahead of Rahul but after some time, Raj stepped on the pit and fell down. He was seriously injured.

Rahul overtook him. He was very happy as his plan had worked and he had won the first prize. Rahul took the trophy home. His parents were also very happy. His friends were proud of him but now Rahul was not happy. He started feeling that he did not deserve the trophy as he had cheated and had hurt his best friend. He could not sleep properly that night. Next morning, he went to the Principal's room. He opened the door and said, 'Excuse me, Sir. Could I speak to you for a while?'



Inside, he admitted that he had dug the pit in which Raj had fallen down. The Principal said, 'I am happy that you have realised your fault, Rahul. You should make friends with Raj and promise me that you will not betray him again. Besides, you must study very hard and secure good marks like your friend.'

Rahul went to Raj and apologised to him from the core of his heart. Raj forgave him and agreed to be friends with him again.

After some days, a class test was held. Rahul gave a poor performance. He managed to score very less marks. His Principal said, 'This is your last chance. If you do not perform well in the term-end examination also, you will be punished.'



Rahul was ashamed of himself and cried bitterly. Raj came to him and said 'Rahul, do not worry. This is just a class test. Start studying well and work hard from now onwards. If you do so, you will do much better in the term-end exams.' Rahul thanked Raj. He worked hard. Raj helped Rahul in every way he could. When the term-end examination result was announced, everyone was surprised to see that he had not only topped in the class but beaten Raj as well. Raj was the first one to congratulate him.

Indeed, it was the happiest day of Rahul's life. He thanked Raj, who had stood second. His Principal was also very happy with their results. After this, Rahul and Raj remained true friends ever after.

A.4. Tick (✓) the appropriate answer.

(i) Rahul was jealous of Raj because he—

- always won in cycling.
- always stood first.
- was good at heart.

(ii) Rahul dug a small pit on the path because he wanted to—

- dirty the track.
- hurt Raj.
- win the race.

(iii) Rahul worked hard for the term-end examination because—

- he was competing with Raj.
- the Principal had given him a warning.
- he was feeling guilty.



A.5. Read the given extract and answer the questions that follow.

‘Do not worry. This is just a class test.’

(i) Who is the speaker of the above line? Whom is he talking to?

(ii) Why is the listener worried?

(iii) What does the statement tell you about the speaker's character?

A.6. Complete the dialogue between Raj and Rahul, where Rahul apologises to Raj for his act.

Rahul : _____, Raj.

Raj : What are you sorry for?

Rahul : You don't know but I had _____ where you were supposed to run.

Raj : Why did you do that?

Rahul : I wanted to _____, but now _____ my mistake and apologise to you from _____.

Raj : I am happy that you have _____ your mistake. I _____ you. Let's be _____ again.

A.7. Answer the given questions.

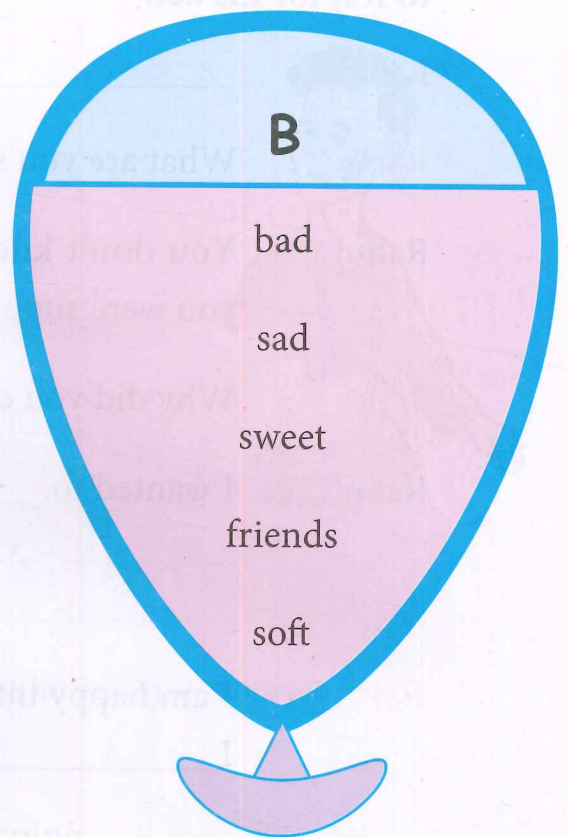
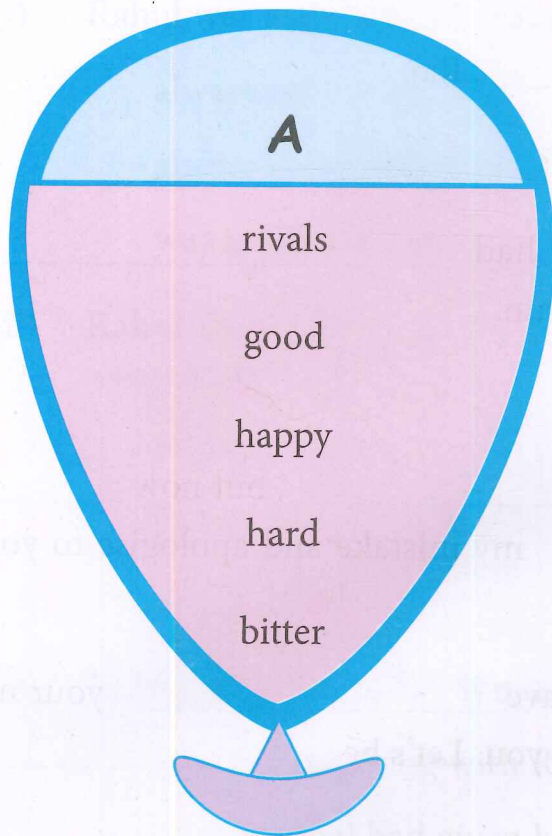
(i) Why was Rahul not happy even after winning the race?

(ii) Do you think Rahul deserved the trophy? Give a reason for your answer.

(iii) What warning did the Principal give Rahul?

(iv) Why was everyone surprised to see the term-end examination result?

A.8. Match words having opposite meanings.



Now use the words given in the balloon 'A' to fill in the blanks below.

- (i) The Principal congratulated Rahul for his _____ performance.
- (ii) Shiela is very _____ as her brother is coming from America today.
- (iii) The mechanic hit the bolt _____ with his hammer and broke it.
- (iv) India and Pakistan are great _____ in cricket.
- (v) Travelling in a ship was a _____ experience for Sunita, for she often suffered from sea sickness.

A.9. Work in pairs and find out the hidden names of the games played in Olympics. One has been done for you.

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| T | R | A | M | P | O | L | I | N | I | N | G |
| G | X | R | P | S | T | U | L | E | V | A | Y |
| Y | T | C | I | G | O | O | C | Y | J | T | M |
| I | M | H | O | C | K | E | Y | T | U | H | N |
| Z | C | E | Y | T | W | D | C | E | D | L | A |
| F | O | O | T | B | A | L | L | N | O | E | S |
| L | O | Y | X | S | Z | A | I | N | S | T | T |
| L | D | Q | F | I | S | H | N | I | I | I | I |
| E | A | M | T | H | R | Z | G | S | A | C | C |
| W | A | T | E | R | P | O | L | O | L | S | S |

A.10. Work with your partner and correct the spellings of the words given and write them in the space provided.

- (i) teachor _____
- (ii) jealos _____
- (iii) determinned _____
- (iv) gilty _____
- (v) biterly _____
- (vi) desserve _____



A.11. In the lesson, we have read about Rahul. He went to Raj and apologised to him from the core of his heart. 'From the core of his heart' is an idiomatic expression. It means 'with an honest feeling'. With the help of your teacher, consult a dictionary and match the following idiomatic expressions with their meanings.

Idiomatic Expression

- at a stone's throw →
- stone-hearted →

Meaning

- very near
- cruel

A.12. Now use the expressions as given in A.11 in the blanks given below.

- (i) The new garment store is _____ from my house.
- (ii) Mr Pal is _____. He does not take care of his pets.

A.13. Write words which are pronounced in the same or similar way as the ones given in the boxes.

WON

__N__

MADE

M__I__

WHETHER

W__ __TH__ R

PRINCIPAL

P__ IN__ IP__ E

NO

__N__ W



A.14. Life Skills

Have you ever cheated anyone to win a game? If yes, how did you feel afterwards? Could you gather courage to confess your fault to the person concerned? Share your experience, feelings and thoughts in the class.

A.15. Value Based Question

What does the word 'Sportsmanship' mean to you? Is it important to win every game you play or is fair participation enough? Discuss in the class.



A.16. Imagine you are Rahul. You are feeling sorry for what you did to defeat Raj. Write a letter to Raj apologising for your behaviour and asking him to be your best friend again.



Dear

Yours sincerely

Rahul

B

B.1. Given below are the pictures of some famous sportspersons. Recognise them and write their names in the space provided.









B.2. How different would your life have been, if you were born in a different family, say, in a different state or a different country? Read to find out what happened when Sunil Gavaskar got mixed up at birth.

► Mix-up at Birth

I may never have become a cricketer and this book would not have been written if my uncle, Mr Narayan Masuvekar, had not come into my life the day I was born (July 10, 1949). It seems that Nan-kaka (as I call him), who had come to see me in the hospital on my first day in this world, noticed a little hole near the top





of my left ear-lobe. The next day, he came again and picked up the baby lying in the crib next to my mother. To his utter horror, he discovered that the baby did not have the hole on his left ear-lobe. A frantic search was made and I was located sleeping peacefully beside a fisher-woman, totally ignorant of the commotion I had caused. The mix-up, it appears, followed after the babies had been given

their bath. I am grateful to my uncle for noticing the hole, for I have often wondered what would have happened if nature had not 'marked' me out. Perhaps, I would have grown up to be a fisherman working somewhere along the West Coast. And, what about the baby, who, for a spell, took my place? I do not know if he is interested in cricket or whether he will ever read this book. I can only hope that if he does, he will start taking a little more interest in Sunil Gavaskar.



Extract from *Sunny Days*—by Sunil Gavaskar

B.3. On the basis of your reading, complete the following table with information about Sunil Gavaskar.

| | |
|-------------------------|--|
| Gavaskar's Full Name | |
| Profession | |
| Birthday | |
| Gavaskar's Uncle's Name | |

B.4. Write 'T' for true and 'F' for false statements.

- (i) Sunil Gavaskar would probably have been a fisherman if Nan-kaka had not visited the hospital.
- (ii) Sunil has a hole in his right ear-lobe.
- (iii) The babies got exchanged while they were being given a bath.
- (iv) Sunil was located sleeping beside his mother.

B.5. Find words from the passage which mean the same as the following:

- (i) find out about something _____
- (ii) disturbance or fuss _____
- (iii) wildly excited _____
- (iv) lacking knowledge _____

B.6. Now fill in the blanks with an appropriate form of the word from the listed ones in B.5.

- (i) The mother made a _____ search for her lost baby in the market.
- (ii) The accident caused a _____ in the market.

- (iii) Mr Sharma's dog was _____ sleeping behind the big tree.
- (iv) Mr Verma is _____ of his son's report.

B.7. Read the following extract and answer the questions given.

"I am grateful to my uncle for noticing the hole, for I have often wondered what would have happened if nature had not 'marked' me out."

- (i) Who is 'I' in the above line?

- (ii) Why is the speaker grateful to his uncle?

- (iii) What does the expression 'nature marked me out' mean?

B.8. Answer the following questions.

- (i) What did Mr Narayan Masuvekar notice on his first visit to hospital?

- (ii) Why was Mr Narayan Masuvekar horrified on his second visit to the hospital?

- (iii) Where was the baby found?

- (iv) What would have happened if Nan-kaka had not visited the hospital again on second day?

- (v) When did the new born babies get mixed up?

B.9. Life Skills

Gavaskar was reunited with his family only because of the sharp observation skills of his uncle. Discuss in the class how the simple power of observation is an absolutely essential skill for life.

- B.10.** Get into groups of four. Go on a 'Fact-Finding Safari'. Collect information on your favourite sports personality. Prepare a collage and hang it in your class. Celebrate the 'Sports Safari' in your class.

- B.11.** Rohit has won the Chess Championship of his school. After coming back home, he writes his feelings in his personal diary. Read what he has written.

July 4

3.00 pm

Wednesday

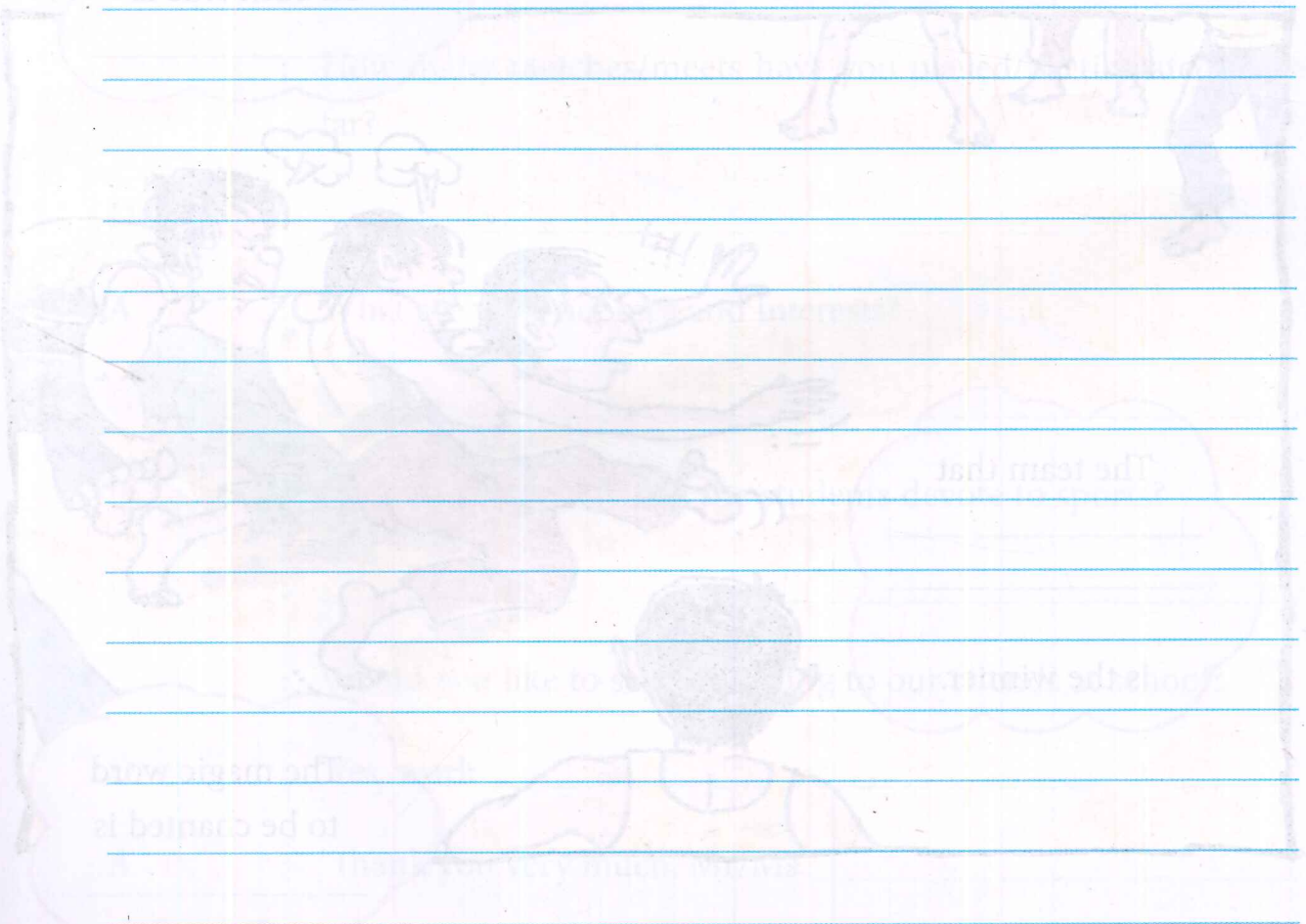
I won the Red Cross Chess Championship today. It was a very exciting match which lasted one hour and a half. I was very nervous in the beginning but slowly I gained my confidence. My hands were shaking when I received the trophy. It was the happiest moment of my life.



B.12. Suppose the baby with whom Sunil was exchanged reads this story. What would be his reaction?

Imagine you are that baby, now grown into a successful businessman with many fishing boats for the deep sea fishing. Taking cues from the above diary extract, describe your feelings about the incident in the space given below.

I was surprised to read the book written by _____

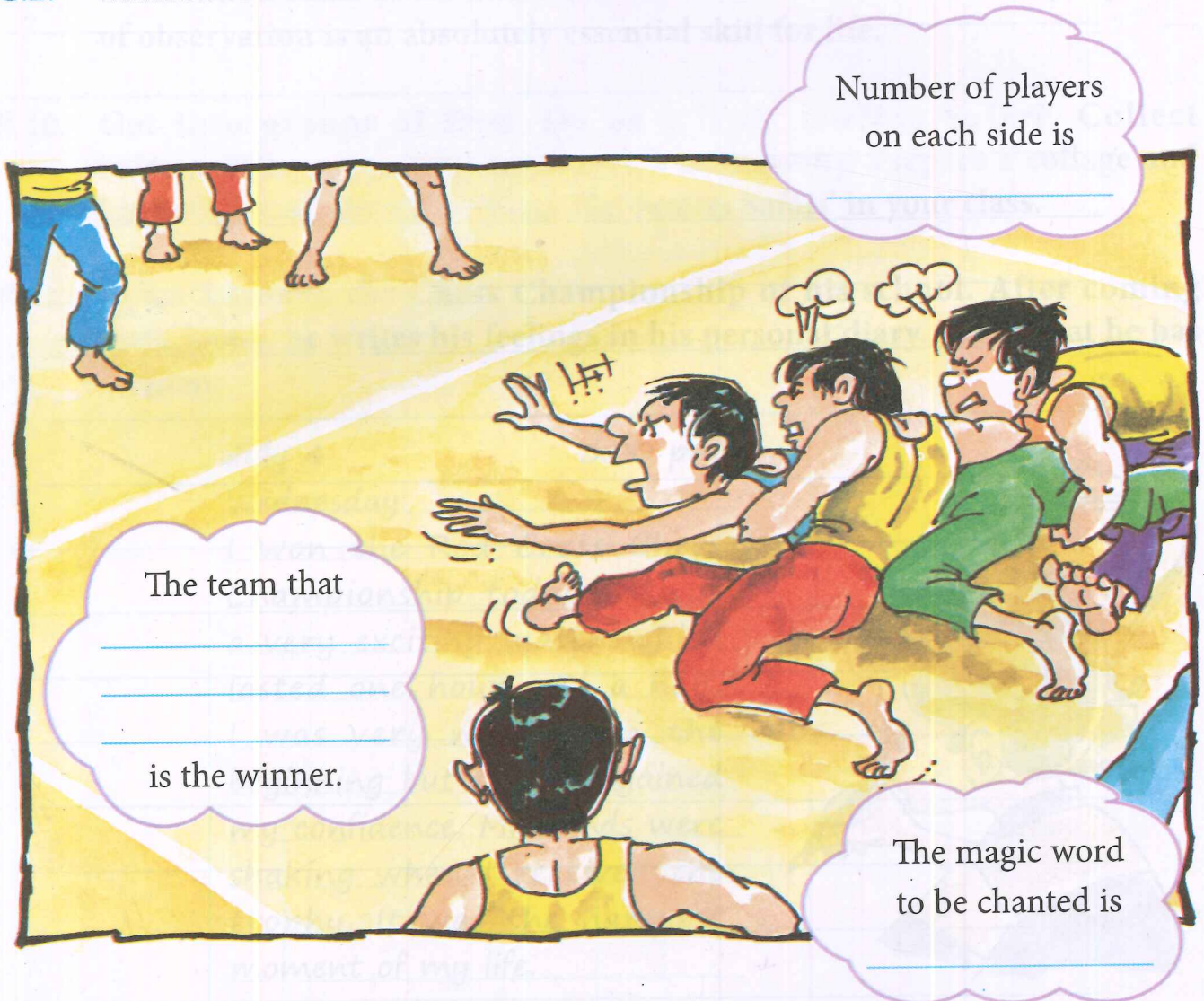




C.1. Do you know that *Kabaddi* is one of the oldest but the most famous games of rural India? To know more about this game, let us listen to Ms Dutta, who is telling her students about the game. Before you listen to the conversation, study the picture at C.2. carefully. Fill up the spaces provided in exercise C.2. as you listen to Ms Dutta.

Listen to the audio compilation titled *Listen & Comprehend* (Class-IV). After listening, answer the questions verbally. Thereafter, complete the blanks in the exercise given below. The tape script is also given on page no. 21.

C.2. Fill in the blanks with correct information.



C.3. Get into groups of four. Imagine that a famous sports personality (of the group's choice) visits your school. Collect relevant information about the personality. One student (D) assumes the role of the famous personality. He/She answers the questions asked by the other three students (A, B, C). The questions are given below.

Decide upon the answers to make your interview as interesting as you can!

A : 'Welcome Mr/Ms _____'

I feel honoured _____'

D : _____

B : When did you first become interested in the sport?

D : _____

C : How many matches/meets have you played/participated in so far?

D : _____

A : What are your hobbies and interests?

D : _____

B : How much time should the students devote to sports?

D : _____

C : Would you like to say something to our friends at school?

D : 'Yes, work _____'

A, B, C : 'Thank you very much, Mr/Ms _____'



Read it Yourself

▶ What's Really Important

A few years ago at the Special Olympics, nine disabled participants assembled at the starting line for the 100-metre race. At the whistle, they all started out to run the race and win the Olympic prize.



There was, however, one boy who fell down a few times and began to cry. The other eight children heard the boy's cry. They slowed down and paused. Then they all turned around and went back. One girl bent down and kissed him. She said, 'This will make you better.' Then all the nine linked arms and walked together to the finish line.



Every one in the stadium stood up and the cheering went for ten minutes!



Tape Script



A Test of Strength (Hu Tu Tu Tu)

Ms Dutta : Good morning, children. I'm sure you all are very excited to know about the new game.

Prashant : Yes, Madam. We would love to play it too.

Ms Dutta : *Kabaddi* is a street game of India, Prashant. A test of strength as you may call it.

Sushma : Oh! Madam, please tell us more about *Kabaddi*.

Ms Dutta : To play *Kabaddi*, you need energy. You need to hold your breath and be very quick on your toes. A line is drawn on sand or soft earth. There are two opposing teams consisting of five to ten players who stand on either side of this line. A member of one team crosses the line into the area of opposing team, chanting the magic word '*Kabaddi, Kabaddi*'. During this period, he has to hold his breath.



All the children : *Kabaddi, Kabaddi*

Ms Dutta : That's enough. If he is able to touch one or two boys while uttering the word, '*Kabaddi, Kabaddi*', the person touched is out and the visitor runs back to his side. Then another member of the team goes out.

Rakesh : What happens if the visitor is caught by any member of the opposite side?

Ms Dutta : Then he is said to be out.

Aastha : Madam, how does one team win the game?

Ms Dutta : A team that catches maximum members of the opposing team wins the game.

2

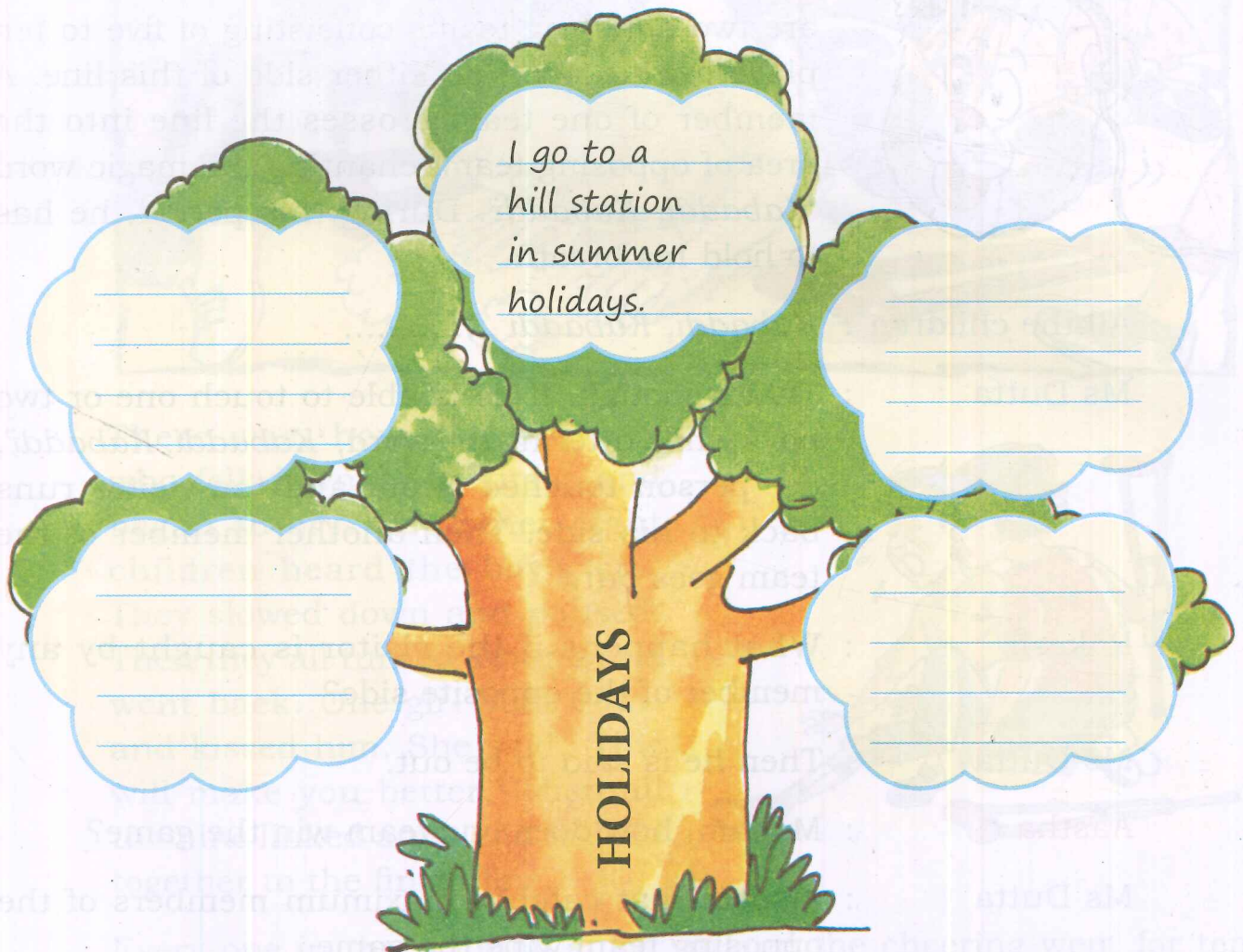
Travel



Introduction

People all over the world love travelling. Some people travel to far off places either for adventure or merely for sightseeing. As soon as schools close for summer vacation, we start looking forward to various travel activities.

In groups of four, discuss which places you like to visit during holidays. Complete the given holiday tree.





A.1. Where did you go for spending your last summer vacation? Tell your partner about your visit.

A.2. Now read the poem.

▶ Travel Plans

If you could go anywhere, where would you go?
Deep in the jungle? Deep in the snow?
Deep in the ocean to talk to a fish?
If you could go anywhere that you could wish?

If I could go anywhere, here's what I'd do.
I'd pop in the pouch of a kind Kangaroo.
I'd travel around for as long as I please,
And I'd learn to say 'thank you' in Kangarooese.

I'd go through the hole of a needle like thread,
I'd spin like a top on the point of my head,
I'd skate on an ice cube, I'd swim in a glass,
I'd ride on a grasshopper, if one should pass.

And when I got tired of being so small,
I'd *abracadabra* myself to be tall!
I'd step over oceans, I'd step over seas,
I'd cause a few shipwrecks, if I had to sneeze.

I'd pat a Giraffe on the top of his head,
I'd find out for sure if the North Pole was red,
And when I had seen all that I want to see,
I hope I'd know how to turn back into me.

—by Bobby Katz



A.3. Work with your partner. List all the places where the poet wishes to go. The first one has been done for you.

The poet wishes to go—

to the jungle.

A.4. Read the extract and answer the questions that follow.

(i) And when I had seen all that I want to see,
I hope I'd know how to turn back into me.

(a) Write four things that the speaker had seen.

(b) What does the speaker mean by 'turn back into me'?

(c) Why do you think the speaker wants to 'turn back' into himself?

A.6. Write homophones of the words given below. One has been done for you.

Homophone: It is a word that is pronounced the same as another word but differs in meaning, and may differ in spelling.

- (i) piece peace
- (ii) male _____
- (iii) floor _____
- (iv) hair _____
- (v) plain _____
- (vi) hole _____
- (vii) wait _____
- (viii) eight _____



A.7. Given below are some words from the poem with their letters jumbled up. Write the correct words and draw lines to match them with their meanings.

| Word | Correct word | Meaning |
|-------------|--------------|--|
| eoanc | _____ | to go round and round on its axis |
| ipsn | _____ | an animal with a pouch on its stomach |
| rgephopasrs | _____ | an insect with eight legs |
| staeks | _____ | a very large area of sea |
| oakgrano | _____ | a boot with wheels for gliding over ice or a hard surface. |

A.8.

Synonym is a word with nearly the same meaning as the given word.
For example, rich and wealthy are synonyms.

Get into groups. Given below are certain words. Find out at least one synonym each for these words.

(i) kind. _____

(ii) tall _____

(iii) travel _____



B.1. India has a rich variety of landscapes and climates. This has made it a famous tourist spot for people all over the world.

Let us have a quiz to check your awareness about India, our motherland.
Tick (✓) your responses.

(i) Which city is called the 'Pink City'?

Kanpur

Jaipur

Jodhpur

(ii) Where is the famous sun temple of 'Konark' situated?

Puri

Kolkata

Delhi

(iii) Where is the holy shrine of the Sikhs, 'The Golden Temple' situated?

Jalandhar

Amritsar

Agra

(iv) Which place is known as the 'Paradise on Earth'?

Kashmir

Shimla

Ooty

(v) Where is Mahabalipuram?

Andhra Pradesh

Tamil Nadu

Kerala

(vi) Which city is called the 'Queen of Nilgiri hills'?

Ooty

Nainital

Kasauli

(vii) Which is the famous tourist city at the southernmost tip of India?

Chennai

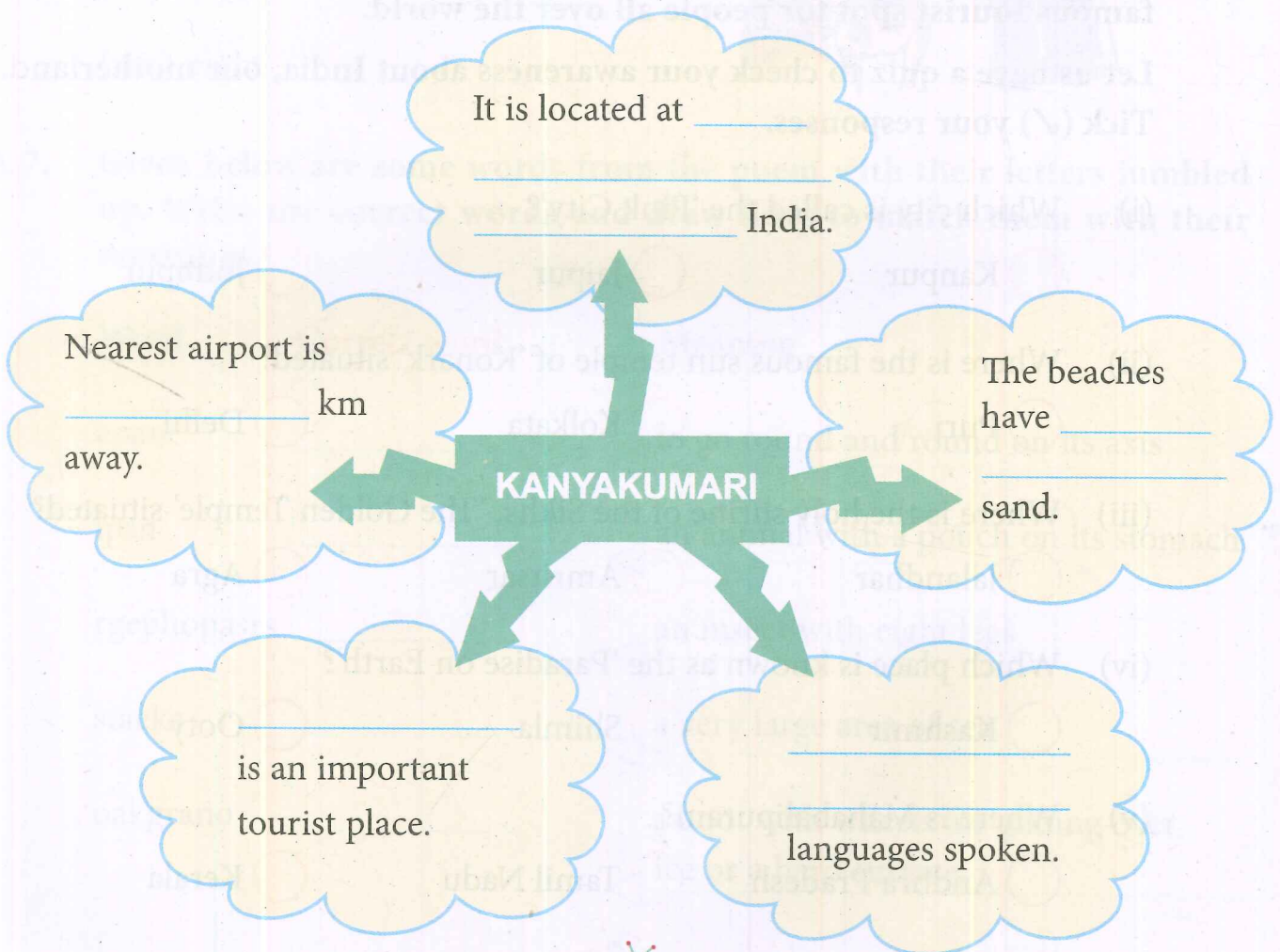
Bengaluru

Kanyakumari

B.2. Reema's parents are planning a holiday trip to Kanyakumari during her summer vacation. Her father, Mr Ajay Jain meets Mr Singh from Sita Travels to get information about the place.

Listen to the audio compilation titled *Listen & Comprehend* (Class-IV). After listening, answer the questions given. Thereafter, complete the notes in the question given below. The tape script is also given on page no. 39.

B.3. While you are listening to the conversation between Mr Ajay Jain and Mr Singh, fill in the blanks in the blurbs below.



B.4. Now read the advertisements given below.

Summer Delights



Snow Crest Manor

Manali

A deluxe 30-room hotel located at the highest point in Manali, offering the best view in town with all modern facilities.



Springfields

Shimla

A large 11-room Maharaja's retreat with private lawns, parking, beautiful view and royal service.

Discuss, in groups of four, what information these advertisements provide.

B.5. A travel agency has given the 'Travel Ads' page to the students of your school. Read the ads carefully and show the page to your parents.

THE PERFECT VACATION WITH BITA TRAVELS TO THE WORLD'S AMAZING PLACES

KASHMIR, INDIA

'Paradise on Earth' is located in the Himalayan Valley. Srinagar, the capital city, is built on the two banks of the River Jhelum. You can stay on the houseboats in the Dal Lake. A nice place to buy very good carpets and shawls.

Attraction: Gardens



KATHMANDU, NEPAL

Another beautiful city located in the Himalayas. Enjoy the scenic beauty of snow-covered peaks. In Kathmandu, you can visit Buddhist temples or go trekking.

Attraction: Photography



DUBAI, UAE

Beautiful, well-developed city located at the sea-coast in the desert land. Ideal place for water-sports and lots of shopping.

Attraction: Oil wells

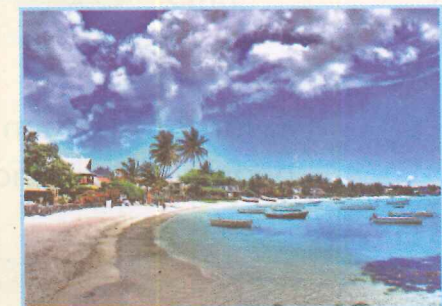


MAURITIUS

Land of beautiful beaches, water-sports and game of fishing. Full of scenic beauty.

Attraction: Beaches

Take part in our travel competition and win WORLD TOUR.



- 7 Days – 8 Nights Package
- Choose any two of the ABOVE PLACES
- PACKAGE COST : ₹ 30,000 per person.

Bitra Travels: Mumbai 022-28338900, Delhi 011-23355999

B.6. Do you and your parents like the travel packages offered by Bitra Travels? Why/Why not?

B.7. Find more about a place that you wish to visit during winter vacation. Paste the picture of the place and write 3-4 sentences to make a 'Travel Ad' for that place.

PASTE PICTURE HERE



C.1. Have you ever visited any National Park or Wildlife Sanctuary?

Names of some National Parks and Animal Sanctuaries are given below. Write the names of the states where they are situated.

Corbett National Park _____

Bandhavgarh National Park _____

Gir Wildlife Sanctuary _____



Jungle Safari

My excitement was at its peak, we were going to visit Kanha National Park which provided setting for Rudyard Kipling's classic novel, *The Jungle Book*. We slept early that night so that we could get up early the next morning. As the alarm rang, my sister and I jumped out of our beds and quickly started to get ready for one of our thrilling journey ever. A visit to Kanha National Park, on a boat! This was the first time we were going to experience it and very thought infused zeal in me.

